Cosmological Perturbation from Inflation

– single-field slow-roll inflation –

§1. Introduction

- Horizon problem

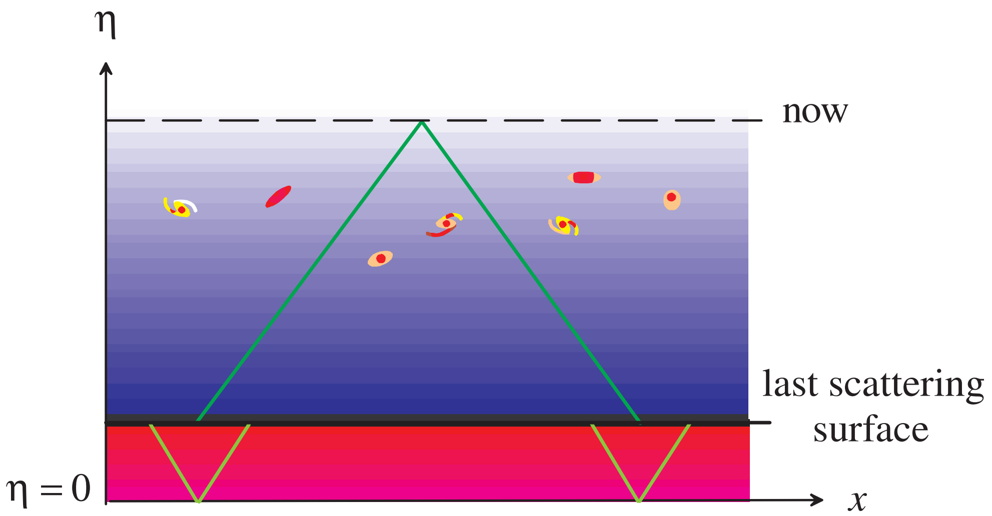
$$ds^2 = -dt^2 + a^2(t)d\vec{x}^2 \qquad + \qquad \text{Einstein eqs.}$$

$$\Rightarrow \qquad \frac{\ddot{a}}{a} = -\frac{4\pi G}{3}(\rho + 3p) \qquad \boxed{\rho + 3p > 0 \quad \Leftrightarrow \quad \text{decelerated expansion}}$$

If $a \propto t^n$, then $n(n-1) < 0 \quad \Rightarrow \quad 0 < n < 1$

$$ds^2 = a^2(\eta)\left(-d\eta^2 + d\vec{x}^2\right), \quad d\eta = \frac{dt}{a}.$$

(η: conformal time $\cdots$ maintains causality)



$d\eta = \pm dx$: light ray

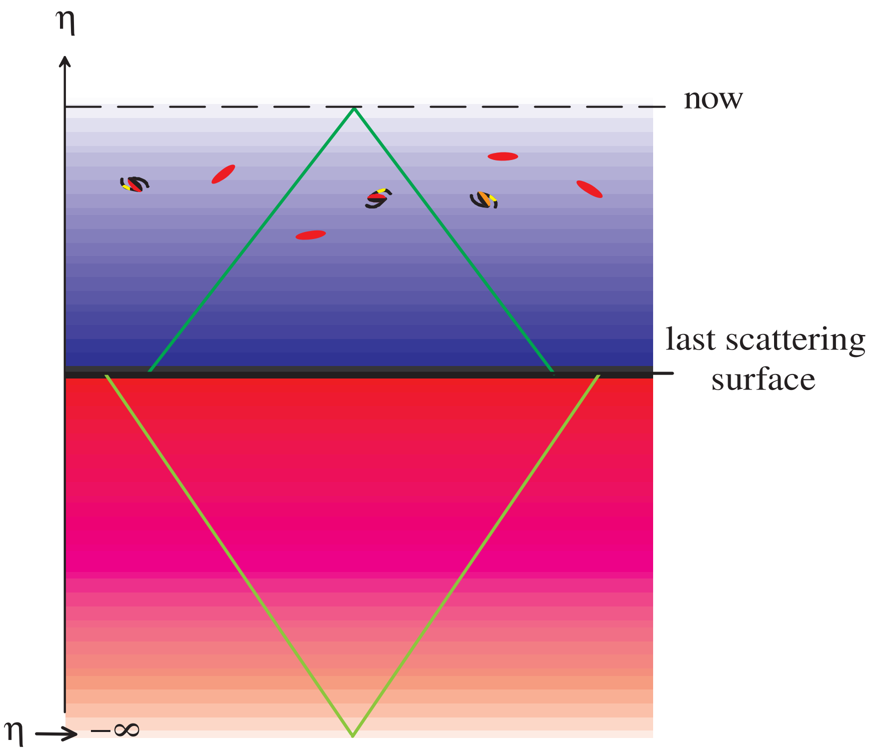
$$\eta = \int \frac{dt}{a} \to 0 \quad \text{for } t \to 0$$

- Solution to the horizon problem

Existence of a stage $a \propto t^n$ $\boxed{n > 1}$
in the early universe

$$\Leftrightarrow \qquad \rho + 3p < 0$$

$$\Rightarrow \qquad \int_0^t \frac{dt}{a} = \int d\eta = \infty \ !!$$



- Entropy problem (= flatness problem)

Entropy within the curvature radius: N_γ ~ conserved

$$N_\gamma = n_\gamma \left(\frac{a}{\sqrt{|K|}} \right)^3 \sim \left(\frac{T_0}{H_0} \right)^3 |1 - \Omega_0|^{-3/2} > \left(\frac{T_0}{H_0} \right)^3 \sim 10^{87}$$

$$T_0 \sim 10^{-4}\mathrm{eV} \quad H_0 \sim 10^{-33}\mathrm{eV}$$

Where does this big number come from?

"Huge entropy production in the early universe"

§2. Single-field slow-roll inflation

Universe dominated by a scalar field:

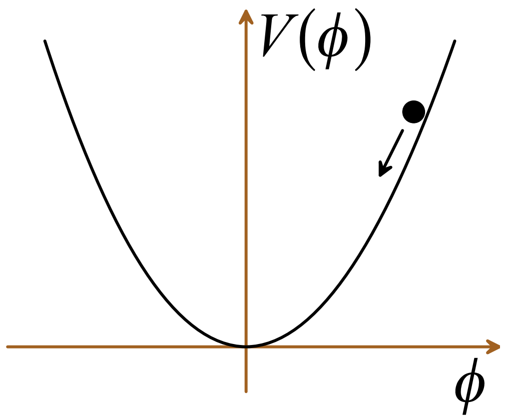
$$\begin{cases} \rho = \frac{1}{2}\dot{\phi}^2 + V(\phi) \\ p = \frac{1}{2}\dot{\phi}^2 - V(\phi) \end{cases} \Rightarrow \quad \rho + 3p = 2(\dot{\phi}^2 - V(\phi))$$

$$\text{if} \quad \dot{\phi}^2 < V(\phi) \quad \Longrightarrow \quad \frac{\ddot{a}}{a} = -\frac{1}{6M_P^2}(\rho + 3p) > 0\,; \quad M_P^2 = \frac{1}{8\pi G}$$

accelerated expansion

* Chaotic inflation (or Creation of Universe from nothing)

(Linde, Vilenkin, Hartle-Hawking, $\cdots$)



$$\rho_{\text{initial}} \lesssim M_P^4 \approx \left(10^{19}\,\text{GeV}\right)^4$$

$\cdots$ quantum gravitational

$$\text{if} \quad V''(\phi) \ll M_P^2, \quad \text{then } \phi \gg M_P$$

- Equations of motion:

$$\ddot{\phi} + \underbrace{3H\dot{\phi}}_{\text{friction}} + V'(\phi) = 0 \quad (H \lesssim M_P \text{ initially in chaotic inflation})$$

$$\Rightarrow \quad \boxed{\dot{\phi} \approx -\frac{V'}{3H}} \quad \text{(slow roll (1))} \quad \Leftrightarrow \quad \delta \equiv \frac{\ddot{\phi}}{H\dot{\phi}} = -\epsilon + \frac{\eta}{2}\,; \;\; |\delta| \ll 1$$

$$\begin{cases} \dot{H} = -\dfrac{1}{2M_P^2}(\rho + p) = -\dfrac{\dot{\phi}^2}{2M_P^2} \\ H^2 = \dfrac{1}{3M_P^2}\left(\dfrac{1}{2}\dot{\phi}^2 + V(\phi)\right) \end{cases} \qquad \eta \equiv \frac{\dot{\epsilon}}{H\epsilon}$$

$$\Rightarrow \quad \boxed{H^2 \approx \frac{V(\phi)}{3M_P^2}} \quad \text{(potential dominated (2))} \quad \Leftrightarrow \quad \epsilon \equiv -\frac{\dot{H}}{H^2} \approx \frac{3\dot{\phi}^2}{2V(\phi)} \ll 1$$

The slow-roll condition (1) is satisfied, provided that

$$\eta \approx -2\eta_V + 4\epsilon_V\,, \;\; \eta_V \equiv \frac{M_P^2 V''}{V}\,; \;\; |\eta_V| \ll 1\,, \;\; \epsilon_V \equiv \frac{M_P^2 V'^2}{2V^2} \ll 1$$

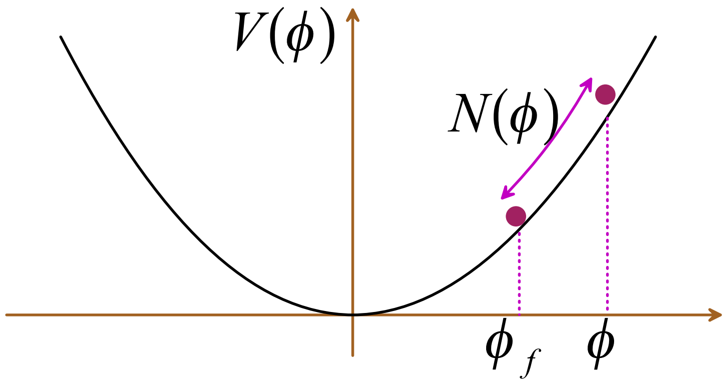
· Slow-roll inflation assumes that the above two are fulfilled.
(Note that these are not necessary but sufficient conditions.)

· There are models that violate either or both of the above two conditions.
(Need special care in the calculation of perturbations)

- e-folding number of inflation $\quad a \propto e^{-N}$

$$N(\phi) = \int_t^{t_f} H\,dt = \int_\phi^{\phi_f} \frac{H}{\dot\phi} d\phi \approx \frac{1}{M_P^2}\int_{\phi_f}^{\phi} \frac{V}{V'} d\phi = \frac{\phi^2 - \phi_f^2}{4M_P^2} \approx \left(\frac{\phi}{2M_P}\right)^2$$

$\Uparrow$ slow roll $\qquad \Uparrow$ $V = \frac{1}{2}m^2\phi^2$



For $V(\phi) \sim (10^{15}\mathrm{GeV})^4$, $N(\phi) \gtrsim 60$ solves horizon & flatness problems

$$N(\phi) \gtrsim 60 \quad \text{at} \quad \phi \gtrsim 15 M_P \quad \text{for} \quad V = \frac{1}{2}m^2\phi^2$$

Slow roll ends at $\phi = \phi_f \sim \sqrt{2}M_P \quad \Rightarrow \quad$ Reheating $\quad$ (entropy generation)

§3. Generation of cosmological perturbations

Action: $$S = \int d^4x \sqrt{-g}\left(\frac{M_P^2}{2}R - \frac{1}{2}g^{\mu\nu}\phi_{,\mu}\phi_{,\nu} - V(\phi)\right); \quad M_P^2 = (8\pi G)^{-1}.$$

Cosmological perturbations are generated from quantum (vacuum) fluctuations of the inflaton ϕ and the metric $g_{\mu\nu}$.

- Scalar-type (density) perturbations

· $g_{\mu\nu}$ and ϕ:

$$ds^2 = a^2\Big[-(1+2A)d\eta^2 - 2\partial_j B\, d\eta dx^j + \Big((1+2\mathcal{R})\delta_{ij} + 2\partial_i\partial_j H_T\Big)dx^i dx^j\Big],$$
$$\phi(t, x^i) = \phi(t) + \chi(t, x^i)$$

A : Lapse function ($\sim$ time coordinate) perturbation ($= A_k Y_k$)

B : Shift vector ($\sim$ space coordinate) perturbation ($= k^{-1} B_k Y_k$)

Scalar perturbation has 2 degrees of coordinate gauge freedom.

$\mathcal{R}$: Spatial curvature (potential) perturbation ($= \mathcal{R}_k Y_k$) $\left[\ \delta \overset{(3)}{R} = -\frac{4}{a^2}\overset{(3)}{\Delta}\mathcal{R}\ \right]$

H_T : Shear of the metric ($= k^{-2} H_{T,k} Y_k$)

No dynamical degree of freedom in the metric itself.

⋆ Action expanded to 2nd order

$$S_2 = \int d\eta d^3x \mathcal{L}_s = \frac{1}{2}\int d\eta\, d^3x\, a^2\Big[M_P^2\Big\{-6(\mathcal{R}' - \mathcal{H}A)^2 - 2\mathcal{R}\overset{(3)}{\Delta}\mathcal{R} - 4A\overset{(3)}{\Delta}\mathcal{R}\Big\}$$

$$+ (\chi' - A\phi')^2 + \chi(\overset{(3)}{\Delta} - a^2\partial_\phi^2 V)\chi - 6\phi'(\mathcal{R}' - \mathcal{H}A)\chi - 2A(\mathcal{H}\phi' - \phi'')\chi$$

$$-2\overset{(3)}{\Delta}(H_T' - B)\Big\{\phi'\chi + 2M_P^2(\mathcal{R}' - \mathcal{H}A)\Big\}\Big],$$

Canonical momenta

$$P_\chi \equiv \frac{\partial \mathcal{L}_s}{\partial \chi'} = a^2(\chi' - A\phi')$$

$$P_\mathcal{R} \equiv \frac{\partial \mathcal{L}_s}{\partial \mathcal{R}'} = a^2\left(-6M_P^2(\mathcal{R}' - \mathcal{H}A) - 3\phi'\chi - 2M_P^2\overset{(3)}{\Delta}(H_T' - B)\right)$$

$$P_T \equiv \frac{\partial \mathcal{L}_s}{\partial H_T'} = -a^2\overset{(3)}{\Delta}[\phi'\chi + 2M_P^2(\mathcal{R}' - \mathcal{H}A)]$$

Solving the above for $\mathcal{R}'$, H_T' and χ', the Hamiltonian is obtained from

$$\mathcal{H}_{s,\mathrm{tot}} = P_\mathcal{R}\mathcal{R}' + P_T H_T' + P_\chi \chi' - \mathcal{L}_s$$

A and B remain as Lagrange multipliers.

Action in the Hamiltonian form Garriga, Montes, MS & Tanaka (1998)

$$S_2 = \int d\eta\, d^3x \mathcal{L}_s = \int d\eta\, d^3x \left(\sum_a P_a Q'_a - \mathcal{H}_s - A\, C_A - B\, C_B \right)$$

$$\mathcal{H}_s = \frac{1}{2a^2} P_\chi^2 - 4\pi G \phi' P_\mathcal{R} \chi + \cdots\,, \quad (\mathcal{H}_{s,\mathrm{tot}} = \mathcal{H}_s + AC_A + BC_B)$$

$$C_A = \phi'\, P_\chi + \mathcal{H} P_\mathcal{R} + 2M_P^2 a^2 \overset{(3)}{\Delta} \mathcal{R} + a^2(\mathcal{H}\phi' - \phi'')\chi \quad \text{(Hamiltonian constraint)}\,,$$

$$C_B = P_T \quad \text{(Momentum constraint)}\,,$$

$$Q_a = \{\mathcal{R}, H_T, \chi\}, \quad P_a = \{P_\mathcal{R}, P_T, P_\chi\}\,.$$

· Gauge transformation $[\xi^\mu = (T, \partial_i L)\,]$ is generated by C_A and C_B:

$$\delta_g Q = \left\{ Q, \int (T C_A + L C_B)\, d^3x \right\}_{P.B.}$$

Up to total derivatives, $\mathcal{L}_2$ is gauge-invariant:

$$\delta_g \mathcal{L}_2 = 0 + (\text{total derivatives})$$

In particular, C_A and C_B are gauge-invariant by themselves.

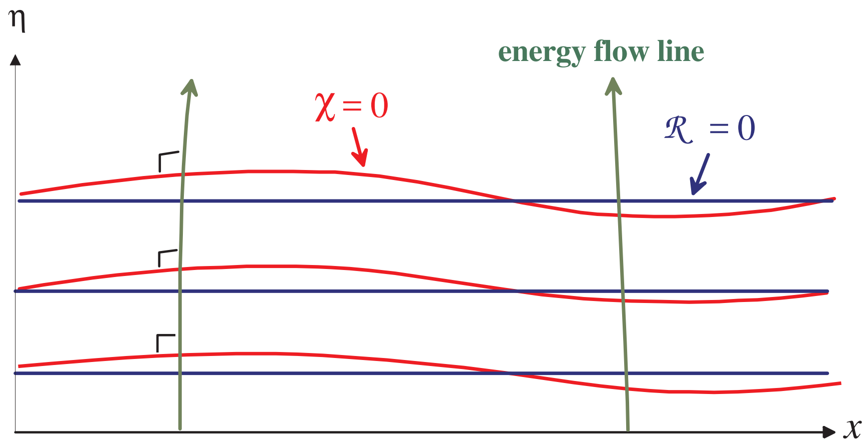
- Reduction to unconstrained variables *a lá* Faddeev-Jackiw (1988)

1. Solve $C_A = \phi' P_\chi + \cdots = 0$ for P_χ and insert it into S_2. Also insert $C_B = P_{H_T} = 0$.
2. The resulting S_2 is a functional of $\{P_\mathcal{R}, \mathcal{R}, \chi\}$: $S_2^* = S_2^*\left[P_\mathcal{R}, \mathcal{R}, \chi\right]$
3. Since $C_A = C_B = 0$ are gauge-invariant, S_2^* is still gauge-invariant. Hence it must be expressed solely in terms of gauge-invariant variables. Indeed, one finds

$$S_2^* = \int d\eta\, d^3x \left[P_c \mathcal{R}_c' - \frac{2M_P^4 a^2}{\phi'^2}\left(\overset{(3)}{\Delta} \mathcal{R}_c + \frac{\mathcal{H}}{2M_P^2 a^2} P_c \right)^2 - a^2 M_P^2 \mathcal{R}_c \overset{(3)}{\Delta} \mathcal{R}_c \right]$$

$$P_c \equiv P_\mathcal{R} + \frac{2M_P^2 a^2}{\phi'} \overset{(3)}{\Delta} \chi\,, \quad \mathcal{R}_c \equiv \mathcal{R} - \frac{\mathcal{H}}{\phi'} \chi$$

This is in fact the same as choosing $\chi = 0$ gauge (called 'comoving' slicing). i.e., $\mathcal{R}_c$ is the curvature perturbation on the comoving hypersurface.



⋆ S_2^* in the 2nd order form:

$$S_2^* = \int d\eta\, d^3x\, \frac{z^2}{2}\left(\mathcal{R}_c'^2 - (\nabla\mathcal{R}_c)^2\right); \quad z \equiv \frac{a\phi'}{\mathcal{H}}, \quad \mathcal{H} \equiv \frac{a'}{a} = a\,H$$

⋆ can be generalized to the case of a non-trivial sound velocity $c_s^2 \neq 1$:

$$S_2^* = \int d\eta\, d^3x\, \frac{z^2}{2}\left(\mathcal{R}_c'^2 - c_s^2(\nabla\mathcal{R}_c)^2\right); \quad z \equiv \frac{a(\rho+p)^{1/2}}{c_s H}. \quad \text{(Garriga \& Mukhanov '99)}$$

Equation of motion (for Fourier modes: $\overset{(3)}{\Delta} \to -k^2$)

$$\mathcal{R}_c'' + 2\frac{z'}{z}\mathcal{R}_c' + c_s^2 k^2 \mathcal{R}_c = 0; \quad z \propto a\frac{(1+w)^{1/2}}{c_s} \propto a \text{ for slow-roll inflation}.$$

For $c_s k < \mathcal{H}$ ($\Leftrightarrow$ $c_s k/a < H$),

$$\mathcal{R}_c' \propto \begin{cases} z^{-1} & \sim \text{decaying mode} \\ 0 & \sim \text{growing mode} \end{cases}$$

· "growing" mode of $\mathcal{R}_c$ stays constant on super-(sound) horizon scales.

· The existence of a constant mode is a general property of any cosmological model.

But this does not mean that adiabatic $\mathcal{R}_c$ is constant on super-horizon scales.

- Inflaton perturbation on flat slicing (assume $c_s = 1$ again)

Alternatively, in terms of χ on $\mathcal{R} = 0$ hypersurface (flat slicing),

$$\chi_F \equiv \chi - \frac{\phi'}{\mathcal{H}}\mathcal{R} = -\frac{\phi'}{\mathcal{H}}\mathcal{R}_c$$

$$S_2^* = S_2^*[\chi_F] = \int d\eta\, d^3x\, \frac{a^2}{2}\left(\chi_F'^{\,2} - (\nabla\chi_F)^2 - a^2 m_{eff}^2\, \chi_F^2\right);$$

$$m_{eff}^2 = -\frac{\left\{a^2\left(\phi'/\mathcal{H}\right)'\right\}'}{a^4\left(\phi'/\mathcal{H}\right)} = \partial_\phi^2 V + \frac{2}{M_P^2}\frac{d}{dt}\left(\frac{V}{H}\right)$$

$\chi_F \sim$ minimally coupled almost massless scalar in de Sitter space

$\because\ \partial_\phi^2 V \ll H^2$, $(2/M_P^2)(V/H)^{\dot{}} \approx 6\dot{H} \ll H^2$ for slow-roll inflation.

(N.B. the sufficient conditions for slow roll: $\partial_\phi^2 V \ll 3H^2$ & $\dot{H} \ll H^2$.)

· de Sitter approximation for the background:

$$H = \text{const.}\,, \quad a(\eta) = \frac{1}{-H\eta} \quad (-\infty < \eta < 0)$$

This is a good approximation for $k > \mathcal{H}$ (sub-horizon scale) modes

- Canonical quantization

$$\pi(\eta,\vec{x}) = \frac{\delta S_2^*[\chi_F]}{\delta \chi_F'(\eta,\vec{x})}\,, \qquad [\chi_F(\eta,\vec{x}),\pi(\eta,\vec{x}')] = i\hbar\delta(\vec{x}-\vec{x}')$$

$$\Rightarrow \quad \hat{\chi}_F = \int \frac{d^3k}{(2\pi)^{3/2}}\left(\hat{a}_{\vec{k}}\,\chi_k(\eta)\,e^{i\vec{k}\cdot\vec{x}} + \text{ h.c.}\right); \quad [\hat{a}_{\vec{k}},\,\hat{a}^\dagger_{\vec{k}'}] = \hbar\delta(\vec{k}-\vec{k}')$$

$$\chi_k'' + 2\mathcal{H}\chi_k' + \left(k^2 + m_{eff}^2 a^2\right)\chi_k = 0\,; \quad \chi_{\vec{k}}\,\bar{\chi}_{\vec{k}}' - \chi_{\vec{k}}'\,\bar{\chi}_{\vec{k}} = \frac{i}{a^2}$$

$$\Leftrightarrow \quad \ddot{\chi}_k + 3H\dot{\chi}_k + \left(\frac{k^2}{a^2} + m_{eff}^2\right)\chi_k = 0\,; \quad \chi_{\vec{k}}\,\dot{\bar{\chi}}_{\vec{k}} - \dot{\chi}_{\vec{k}}\,\bar{\chi}_{\vec{k}} = \frac{i}{a^3}$$

$$\text{slow roll} \quad \Rightarrow \quad m_{eff}^2 \ll H^2 \quad \sim \quad \text{massless}$$

de Sitter approximation:

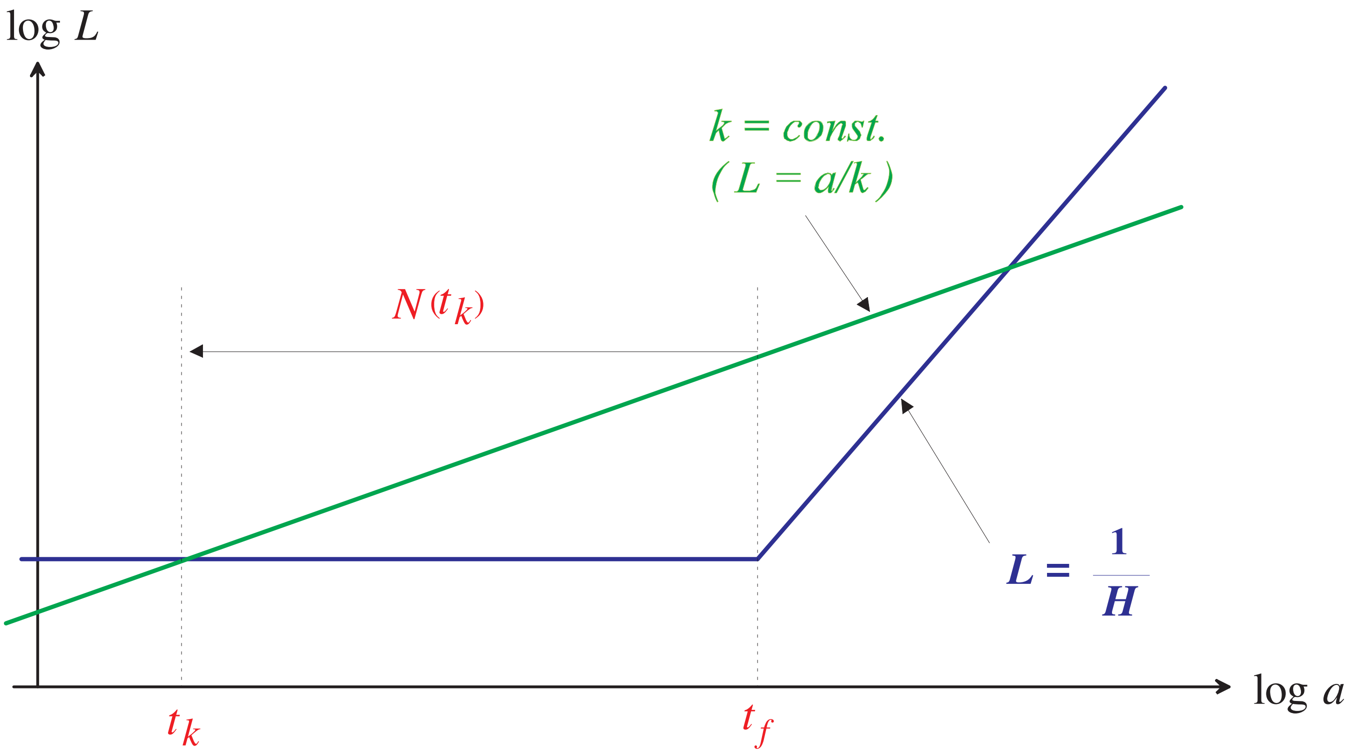
$$\Rightarrow \quad \chi_k \approx \frac{H}{(2k)^{3/2}}(i-k\eta)\,e^{-ik\eta} \quad \begin{cases} \xrightarrow[k/\mathcal{H}\to\infty]{} \dfrac{1}{\sqrt{2ka}}e^{-ik\eta} \\ \xrightarrow[k/\mathcal{H}\to 0]{} \dfrac{H}{\sqrt{2k^3}}e^{-i\alpha_k} \end{cases}$$

$$\langle\delta\phi^2\rangle_k\Big|_{\text{on flat slice}} = \langle\chi_F^2\rangle_k \equiv \frac{4\pi k^3}{(2\pi)^3}|\chi_k|^2 \to \left(\frac{H}{2\pi}\right)^2 \quad \text{for} \quad k \lesssim \mathcal{H} \quad (\hbar = 1)$$

· de Sitter approximation breaks down at $k \ll \mathcal{H}$.
i.e., the time-variation of χ_k on super-horizon scales cannot be neglected.

· However, the corresponding mode of $\mathcal{R}_c$ becomes constant on super-horizon scales.

$$\Rightarrow \quad \mathcal{R}_{c,k}(\eta) \approx \mathcal{R}_{c,k}(\eta_k) = -\frac{\mathcal{H}}{\phi'}\chi_k(\eta_k) \approx \frac{H^2(t_k)}{\sqrt{2k^3}\,\dot{\phi}(t_k)}e^{-i\alpha_k}\,.$$



$$t = t_k \quad \Leftrightarrow \quad \eta = \eta_k \quad \Leftrightarrow \quad k = \mathcal{H}(\eta_k)$$ $\cdots$ horizon crossing time

Although not quite intuitive, one can quantize $\mathcal{R}_c$ from the beginning:

$$S_2^* = \int d\eta\, d^3x\, \frac{z^2}{2}\left(\mathcal{R}_c'^2 - (\nabla\mathcal{R}_c)^2\right); \quad z \equiv \frac{a\phi'}{\mathcal{H}}, \quad \mathcal{H} \equiv \frac{a'}{a} = a\,H$$

$$P_c(\eta,\vec{x}) = \frac{\delta S_2^*}{\delta\mathcal{R}_c'(\eta,\vec{x})}, \quad [\mathcal{R}_c(\eta,\vec{x}), P_c(\eta,\vec{x}')] = i\hbar\delta(\vec{x}-\vec{x}')$$

$$\Rightarrow \quad \hat{\mathcal{R}}_c = \int \frac{d^3k}{(2\pi)^{3/2}}\left(\hat{a}_{\vec{k}}\, r_k(\eta)\, e^{i\vec{k}\cdot\vec{x}} + \text{ h.c.}\right); \quad [\hat{a}_{\vec{k}},\, \hat{a}^\dagger_{\vec{k}'}] = \hbar\delta(\vec{k}-\vec{k}')$$

$$r_k'' + 2\frac{z'}{z}r_k' + k^2 r_k = 0; \quad r_k\,\bar{r}_k' - r_k'\,\bar{r}_k = \frac{i}{z^2}$$

$$\Rightarrow \quad r_k \approx \begin{cases} \underset{k/\mathcal{H}\to\infty}{\longrightarrow} \ \dfrac{H}{a\dot{\phi}}\dfrac{1}{\sqrt{2k}}e^{-ik\eta} \\[2ex] \underset{k/\mathcal{H}\to 0}{\longrightarrow} \ \left.\dfrac{H^2}{\dot{\phi}}\right|_{\eta=\eta_k} \dfrac{1}{\sqrt{2k^3}}e^{-ik\eta_k}; \qquad -k\eta_k \approx 1 (k \approx \mathcal{H}) \end{cases}$$

$$\langle\mathcal{R}_c^2\rangle_k \equiv \frac{4\pi k^3}{(2\pi)^3}|r_k|^2 \to \left.\left(\frac{H^2}{2\pi\dot{\phi}}\right)^2\right|_{k=\mathcal{H}} \quad \text{for} \quad -k\eta \to 0$$

- Curvature perturbation spectrum (say, at $\eta = \eta_f$)

$$\langle \mathcal{R}_c^2 \rangle_k \equiv \frac{4\pi k^3}{(2\pi)^3} P_{\mathcal{R}_c}(k;\eta) = \frac{4\pi k^3}{(2\pi)^3} \left|\mathcal{R}_{c,k}(\eta)\right|^2 = \left(\frac{H^2}{2\pi\dot{\phi}}\right)^2 \bigg|_{t=t_k}$$

Since $dN = -H dt$,

$$\frac{\partial N}{\partial \phi} = -\frac{H}{\dot{\phi}} \quad \Rightarrow \quad \langle \mathcal{R}_c^2 \rangle_k = \left(\frac{\partial N}{\partial \phi}\frac{H}{2\pi}\right)^2 \bigg|_{t=t_k} = \left(\frac{\partial N}{\partial \phi}\delta\phi\right)^2 \bigg|_{t=t_k} \text{ on flat slice}$$

That is, for single-field slow-roll inflation,

$$\mathcal{R}_c = \delta N|_{t=t_k} = \frac{\partial N}{\partial \phi}\delta\phi\bigg|_{t=t_k} \quad \left(\delta\phi = \frac{H}{2\pi}\right) \quad \text{on flat slice}$$

Only the knowledge of the homogeneous background is sufficient to predict the perturbation spectrum: δN-formula

If $\langle \mathcal{R}_c^2 \rangle_k \propto k^{n_s-1}$

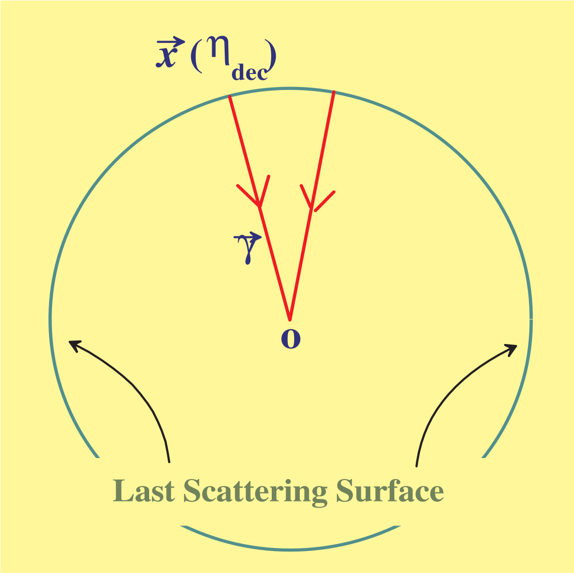
$n_s = 1$: scale-invariant (Harrison-Zeldovich) spectrum

$n_s = 1 - \epsilon$ ($\epsilon \ll 1$) for chaotic inflation ($V(\phi) \propto \phi^p$).

- Large angle CMB anisotropy

$$\left(\frac{\delta T}{T}\right)(\vec{\gamma},\eta_0) = (\zeta_{\rm r}+\Theta)\,(\eta_{\rm dec},\vec{x}(\eta_{\rm dec})) + \int_{\eta_{\rm dec}}^{\eta_0} d\eta\,\partial_\eta\Theta(\eta,\vec{x}(\eta))$$

(Sachs-Wolfe) (Integrated Sachs-Wolfe)



$\zeta_{\rm r}$: curvature perturbation on $\rho_{\rm photon}$ = const. surfaces

$\Theta \equiv \Psi - \Phi$

Ψ = Newton potential

Φ = curvature pert. on Newton slice

For a dust-dominated universe at decoupling,

$$\text{SW: } \zeta_{\rm r}+\Theta = -\frac{1}{5}\mathcal{R}_{c*} - \frac{2}{5}S_{\rm dr} = \frac{1}{3}\Psi_* - \frac{2}{5}S_{\rm dr}\,, \quad \text{no ISW: } \partial_\eta\Theta \approx 0$$

$\mathcal{R}_{c*}$: primordial adiabatic curvature perturbation; $\Phi_* = -\Psi_* = \frac{3}{5}\mathcal{R}_{c*}$

$$S_{\rm dr} = \frac{\delta\rho_{\rm d}}{\rho_{\rm d}} - \frac{3}{4}\frac{\delta\rho_{\rm r}}{\rho_{\rm r}} \quad \sim \text{ entropy perturbation}$$

- Observational implications of Large-angle CMB anisotropy

  COBE-DMR ('96); WMAP 9yr ('12); Planck ('18)

$$\left\langle \left(\frac{\delta T}{T}\right)^2 \right\rangle \sim 10^{-10} \quad \text{at } \theta \sim 10^\circ. \qquad \frac{\delta T}{T} = \frac{1}{3}\Psi + \cdots \quad \text{for adiabatic perturbation}$$

$$\Downarrow$$

$$\langle \Psi^2 \rangle_k \sim 10^{-10} \quad \text{at} \quad \frac{k_0}{a_0} = H_0 \sim \frac{1}{\text{present horizon scale}} \qquad \left(H_0^{-1} \sim 3000\,\text{Mpc} \sim 10^{28}\text{cm}\right)$$

For $V = \frac{1}{2}m^2\phi^2$,

$$\langle \Psi^2 \rangle_{k_0} \approx \left(\frac{3}{5}\right)^2 \langle \mathcal{R}_c^2 \rangle_{k_0} = \left(\frac{3}{5}\right)^2 \left(\frac{H^2}{2\pi\dot\phi}\right)^2 \Bigg|_{\frac{k_0}{a}=H} \approx \frac{m^2}{25 M_P^2} N^2(\phi) \Bigg|_{\frac{k_0}{a}=H}$$

$$\Rightarrow \quad \begin{cases} m \sim 10^{13}\text{GeV} \\ V \sim (10^{16}\text{GeV})^4 \end{cases}$$

- power-law index: $n_{\text{Planck}} = 0.9649 \pm 0.0042$

  Blue or scale invariant spectrum ($n_s \geq 1$) is excluded at high CL!

- Tensor-type perturbations

$$ds^2 = -dt^2 + a^2(t)\,(\delta_{ij} + h_{ij})\,dx^i dx^j$$

h_{ij} $\cdots$ Transverse-Traceless

$$\delta^2 S_G = \frac{M_P^2}{8} \int d^4x\, a^3 \left(\dot{h}_{ij}^2 - \frac{1}{a^2} (\nabla h_{ij})^2 \right)$$

$$= \frac{1}{2} \int d^4x\, a^3 \left(\dot{\varphi}_{ij}^2 - \frac{1}{a^2} (\nabla \varphi_{ij})^2 \right) \;; \quad \varphi_{ij} := \frac{M_P}{2} h_{ij}$$

$\varphi_{ij} \sim$ massless scalar (2 degrees of freedom)

$$\langle \varphi_{ij}^2 \rangle_k = 2 \times \left(\frac{H}{2\pi} \right)^2$$

$$\Rightarrow \frac{4\pi k^3}{(2\pi)^3} P_T(k) \equiv \langle h_{ij}^2 \rangle_k = 2 \times \frac{4}{M_P^2} \times \left(\frac{H}{2\pi} \right)^2 = \frac{2}{\pi^2} \frac{H^2}{M_P^2}$$

$\uparrow$ contribute to CMB anisotropy

$$r \equiv \frac{T}{S} = \frac{\text{tensor}}{\text{scalar}} \sim \frac{\langle h_{ij}^2 \rangle}{\langle \mathcal{R}_c^2 \rangle} \equiv \frac{P_T(k)}{P_S(k)} = 24 \left. \frac{\dot{\phi}^2}{V} \right|_{k_0 = aH}$$

slow roll $\Rightarrow$ $r \ll 1$.

$$r \sim 0.13 \quad \text{for} \quad V = \frac{1}{2} m^2 \phi^2 \quad \Leftrightarrow \quad r_{\text{Planck}} < 0.1 \quad (95\% \text{ CL})$$

- Spectral index

∗ scalar-type (curvature) perturbation

$$n_S \equiv 1 + \frac{d\ln[P_{\mathcal{R}}(k)k^3]}{d\ln k}.$$

$$k = a(t_k)H \quad \to \quad d\ln k = \frac{da}{a} + \frac{dH}{H} \approx \frac{da}{a} = \frac{d}{Hdt}\bigg|_{t=t_k}.$$

For slow-roll inflation,

$$n_S - 1 = \frac{d}{Hdt}\ln[P_{\mathcal{R}}(k)k^3] = \frac{d}{Hdt}\left(\ln H^4 - \ln\dot{\phi}^2\right)$$
$$\approx \frac{2V''V - 3V'^2}{8\pi G V^2} = 2\eta_V - 6\epsilon_V\,.$$

⋆ observed power-law index: $n_{\rm Planck} = 0.9649 \pm 0.0042$

∗ tensor-type perturbation

$$n_T \equiv \frac{d\ln[P_T(k)k^3]}{d\ln k} = \frac{d}{Hdt}\ln[P_T(k)k^3] = \frac{d}{Hdt}\ln H^2 = 2\frac{\dot{H}}{H^2} = -\frac{8\pi G\dot{\phi}^2}{H^2}$$
$$\approx -3\frac{\dot{\phi}^2}{V} = -\frac{1}{8}\frac{P_T(k)}{P_S(k)} = -\frac{r}{8} \quad \Leftarrow \quad \text{consistency relation!}$$

- Model dependence

$*$ power-law inflation

$$V(\phi) \propto \exp[\lambda\phi/m_{pl}] \quad \leftarrow \text{ dilaton in string theories ?}$$

$$a \propto t^{\alpha} \quad (\alpha = \frac{16\pi}{\lambda^2})$$

$$\Rightarrow \quad n_S < 1\,, \qquad \frac{T}{S} \gtrsim 0.1$$

$*$ hybrid inflation $\leftarrow$ supergravity-motivated ?

$$\text{e.g.,} \quad V(\phi,\psi) = \frac{1}{4\lambda}\left(M^2 - \lambda\psi^2\right)^2 + \frac{1}{2}m^2\phi^2 + \frac{1}{2}g^2\phi^2\psi^2$$

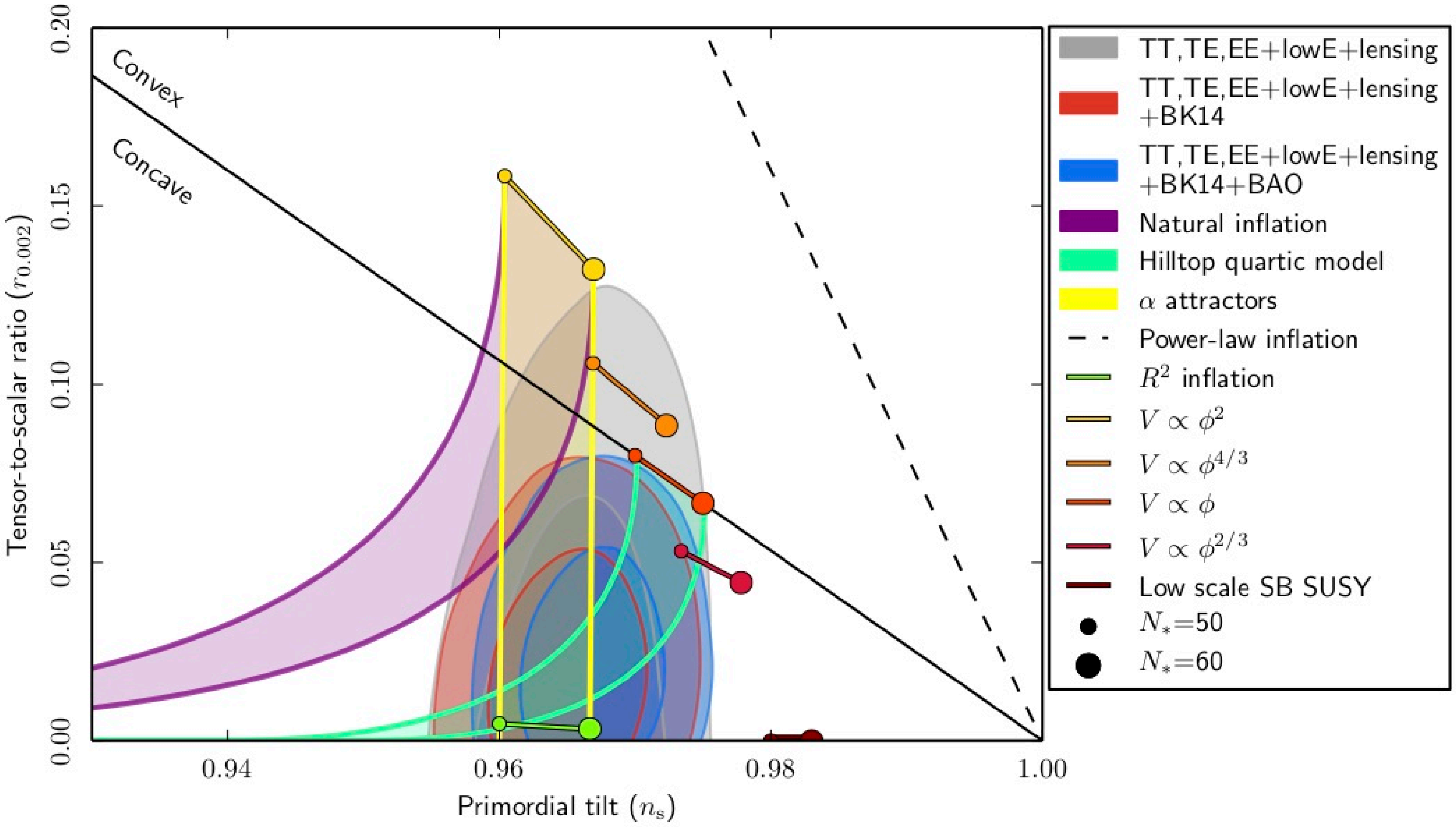
$$a \propto e^{Ht}\,, \quad H^2 \approx \frac{8\pi G}{3}V_0 \quad \text{when} \quad \psi = 0,\ \phi > M/g.$$

$$\Rightarrow \quad n_S > 1\,, \qquad \frac{T}{S} \ \text{can be large or small.}$$

$*$ quartic hilltop inflation

$$V(\phi) = V_0 - \frac{\lambda}{4}\phi^4 + \cdots \quad \Rightarrow \quad n_S \approx -\frac{3}{N}\,, \quad \frac{T}{S} \propto \frac{1}{N^3}$$

- Observational Constraints from Planck 2018: arXiv:1807.06211



$\star$ ϕ^2 model excluded at high CL, $r \lesssim 0.1$, $n_s < 1$ at extremely high CL.

§4. Summary of single-field slow-roll inflation

- The growing mode of the curvature perturbation on comoving slices $\mathcal{R}_c$ stays constant super-horizon scales.
  - $\mathcal{R}_c \approx \Delta N$ in the slow-roll case.
  - $\mathcal{R}_c$ may vary in time if the slow-roll condition is violated.
  - Slow-roll models predict almost scale-invariant spectrum, but other spectral shapes are possible.
- Tensor perturbations may or may not be negligible.

On-going and future observations

– LSST, Euclid, $\cdots$ $\sim 5 \times 10^7$ galaxies, up to $z \lesssim 2$

– LiteBIRD, Simons Observatory, $\cdots$ high resolution CMB polarization map

$\Downarrow$

Inflaton potential may be determined

$\Downarrow$

Understanding of physics of the early universe ($\approx$ extreme high energy physics)