

"Mean convex flow and Schoenflies problem."

Let $k_1 \leq \dots \leq k_n$ denote the principal curvatures of a hypersurface Σ^n in \mathbb{R}^{n+1}

If $H = k_1 + \dots + k_n > 0$, we say that Σ^n is mean convex.

If $k_1 + k_2 > 0$, we say that Σ^n is 2-convex.

Thm) An embedded 2-convex sphere $\Sigma^n \subset \mathbb{R}^{n+1}$ bounds B^{n+1} .

(i.e. unknotted, contractible, ambient) isotopic to round S^n)

see Huisken - Sinestrari 09! Brendle - Huisken 16! Haslhofer - Kleiner 19!

Buzano - Haslhofer - Hershkovits 16!

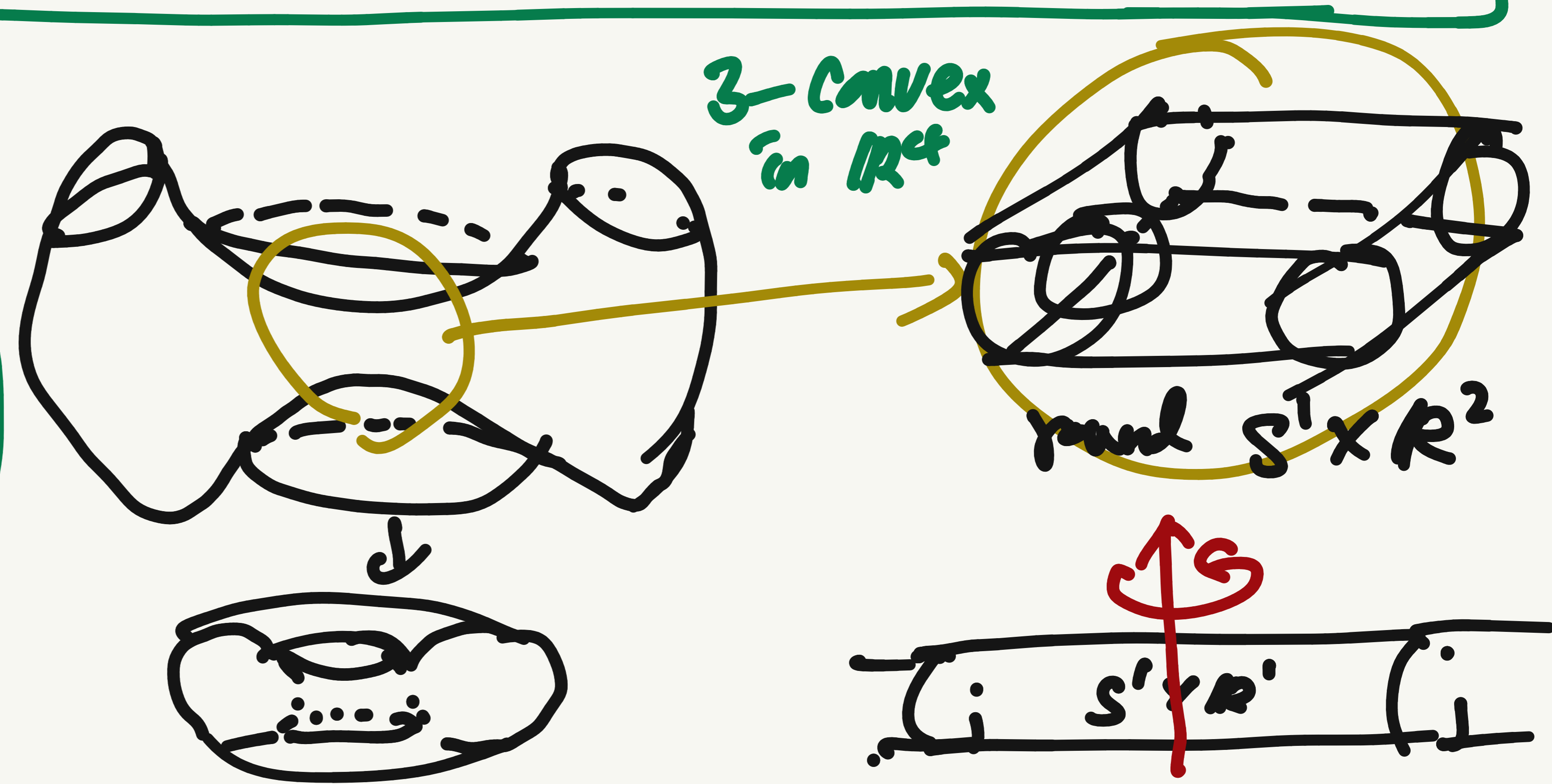
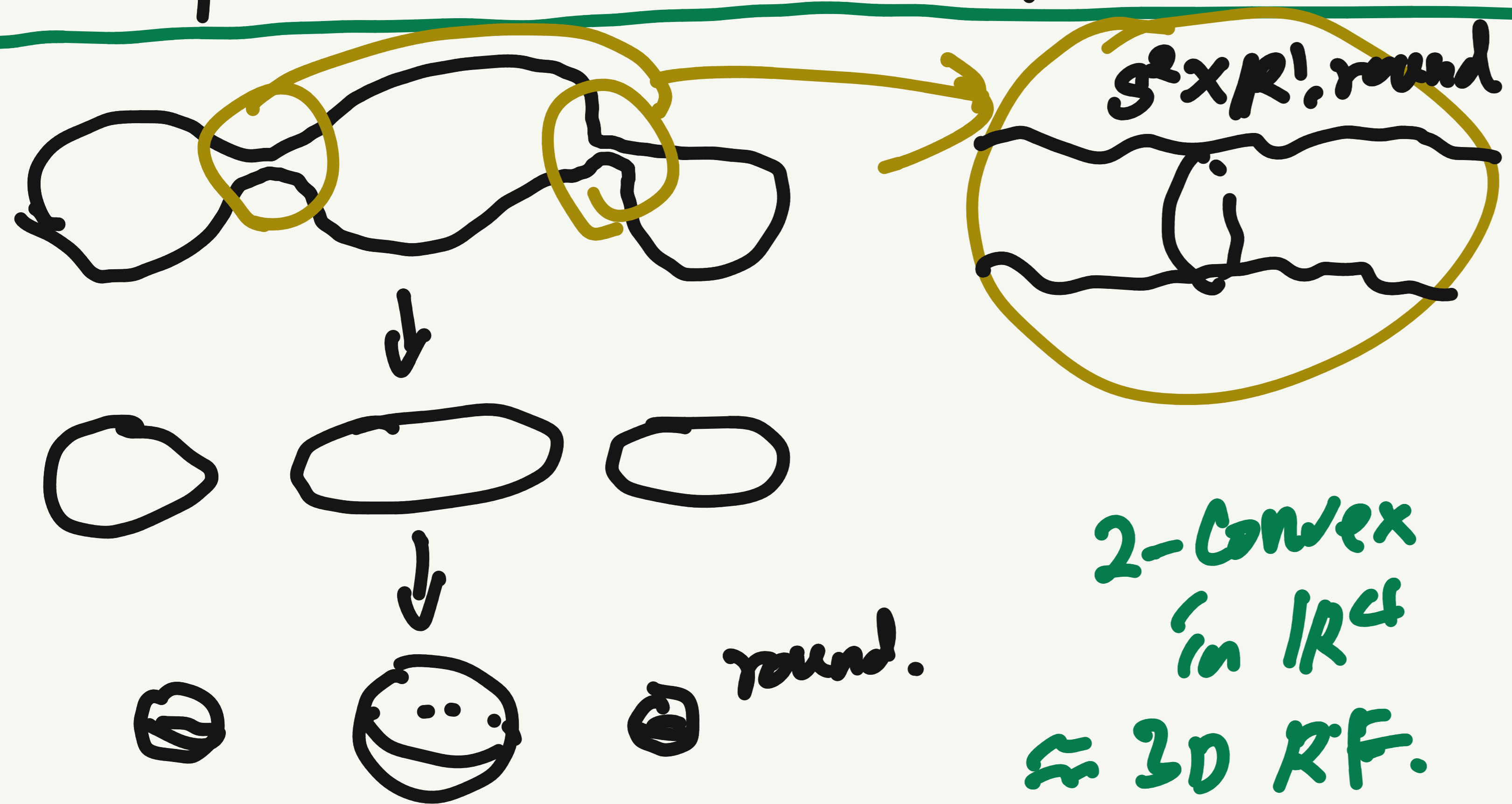
\approx Perelman 02! (3D Ricci flow)

Remark) • 2-convex in $\mathbb{R}^3 \iff$ mean convex in \mathbb{R}^3 .

• Mean convex flow in $\mathbb{R}^4 \xleftarrow{\text{technically...}} 4D$ Ricci flow.

Q, Every embedded smooth **mean convex** 3-sphere in \mathbb{R}^4 bounds B^4 ?

Snapshot of 2-convex flows and 3-convex flows ($k_1 + k_2 + k_3 > 0$)



Huiskens's monotonicity 90'] Given $X_0 = (x_0, t_0) \in \mathbb{R}^{n+1} \times (0, T)$

$$\frac{d}{dt} \int_{M_t} \rho_{x_0} dg = - \int_{M_t} \left\| H\nu - \frac{x - x_0}{2(t - t_0)} \right\|^2 \rho_{x_0} dg \leq 0, \text{ for } t < t_0.$$

where $\rho_{x_0}(x, t) = [4\pi(t_0 - t)]^{-\frac{n}{2}} e^{-\frac{|x - x_0|^2}{4(t_0 - t)}}$.

We consider rescaling $\tau = -\log(t_0 - t)$ and $\tilde{M}_\tau = (t_0 - t)^{1/2}(M_t - x_0)$.

$$\Rightarrow \frac{d}{d\tau} \int_{\tilde{M}_\tau} \tilde{\rho} dg = - \int_{\tilde{M}_\tau} \|H\nu - \frac{1}{2}x\|^2 \tilde{\rho} dg, \text{ for } \tau < +\infty$$

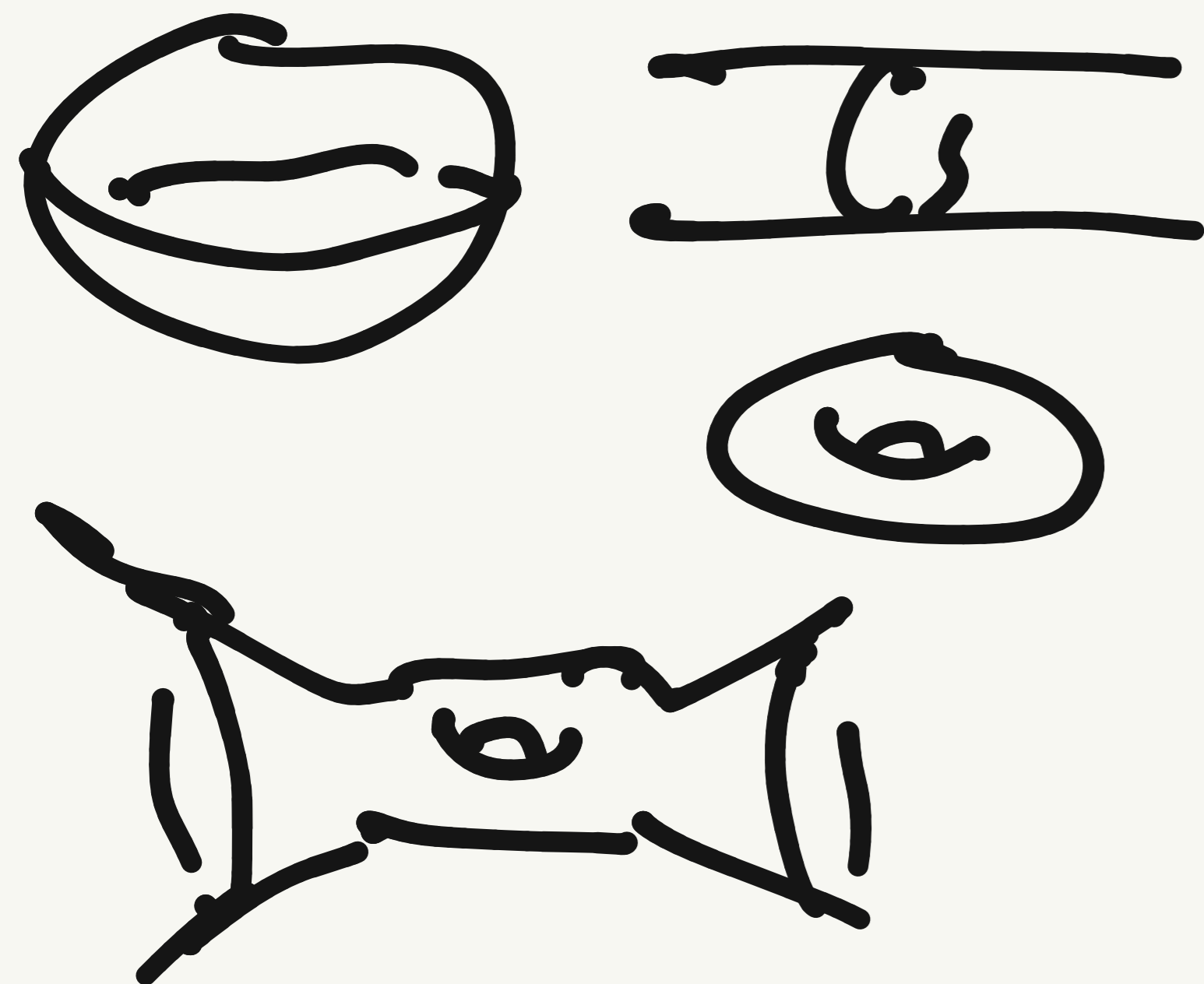
where $\tilde{\rho}(x, \tau) = (4\pi)^{-\frac{n}{2}} e^{-\frac{|x|^2}{4}}$. Hence, $H\nu - \frac{1}{2}x \rightarrow 0$ as $\tau \rightarrow +\infty$

Def) We say that Σ is a shrinker if $H = \frac{1}{2} \langle x, \nu \rangle$.

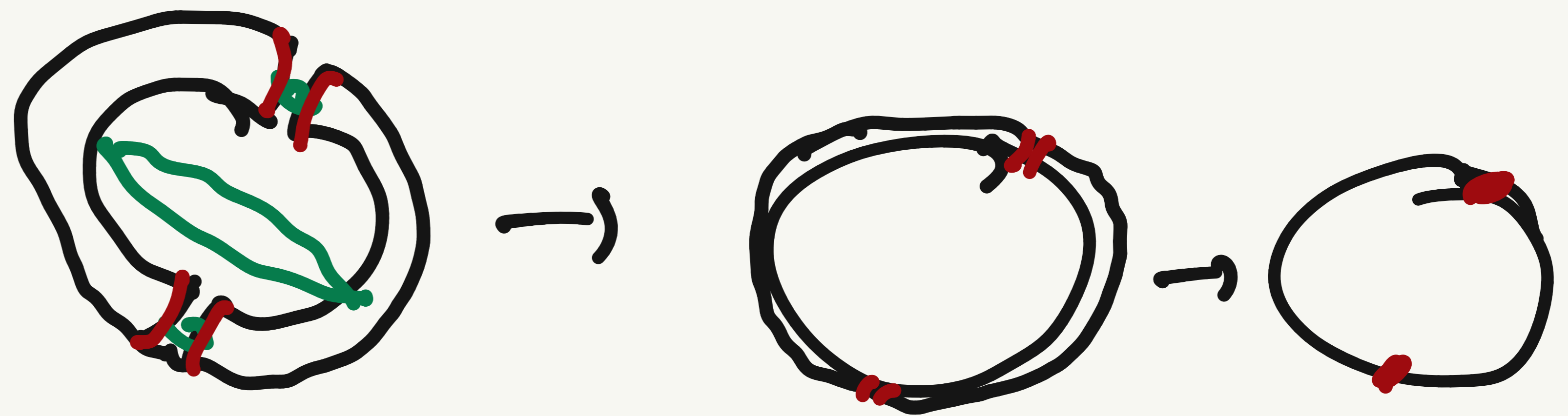
Remark) $\sqrt{-2t} \Sigma$ is a MCF and $H \nu - \frac{1}{2} x = 0$

Thm) Every rescaled flow M_t either disappears or converges to a shrinker w/ multiplicity (in measure sense)

Ex) Shrinkers



Potential Ex) Convergence w/ mult.



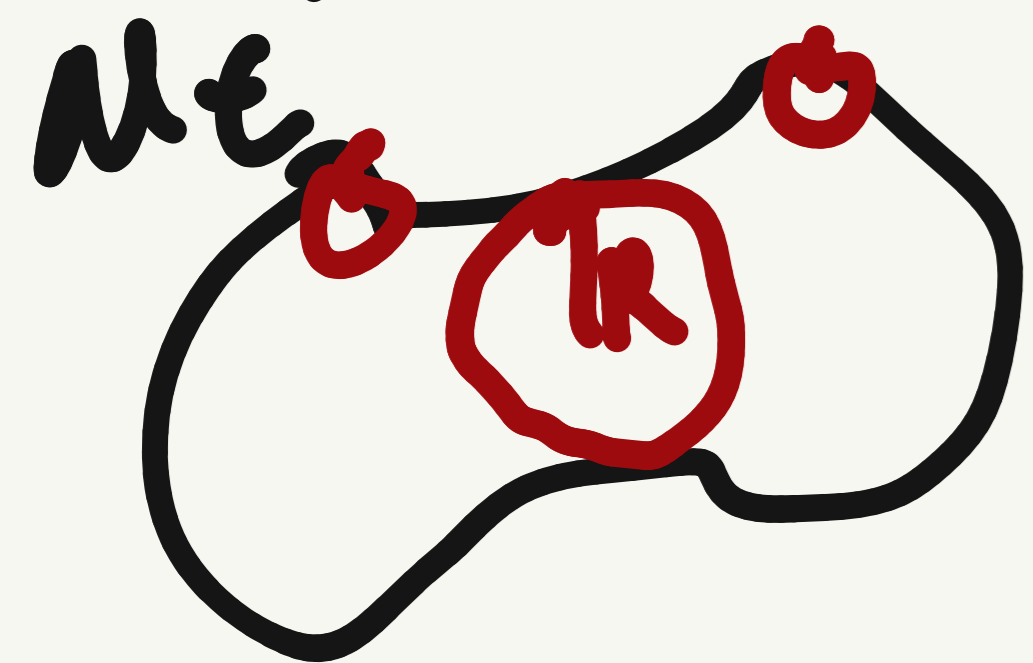
Thus) If M_0 is mean convex, then M_ϵ remains mean convex.

$$H_\epsilon = \Delta_g H + |A|^2 H, \quad \Delta_g = g^{ij} \partial_i \partial_j + g^{ij} \Gamma_{ij}^k \partial_k.$$

By max prin, $H > 0 \quad \forall \epsilon > 0$.

Def) α -noncollapsing.

Let $R(x, \epsilon)$ denote the radius of the largest round sphere tangent at $x \in M_\epsilon$ and enclosed by M_ϵ .



If $R(x, \epsilon) H(x, \epsilon) \geq \alpha > 0$,

then we say that M_ϵ is α -noncollapsed.

Thm) If M_0 is α -noncollapsed,
then M_t is " for $t > 0$.

Ref) B. White 00', Sheng-Wang 09', B. Andrews 12',

C.f. κ -noncollapsing of Ricci flow of Perelman. 02'.

proof) $Z: M^n \times M^n \times \mathbb{R}^+(T) \rightarrow \mathbb{R}$ (Andrews 12')

$$Z(p, q, t) = \alpha \langle X(p, t) - X(q, t), \nu(p, t) \rangle - \|X(p, t) - X(q, t)\|^2 H(p, t)$$

$Z \geq 0 \Leftrightarrow M_t$ is α -noncollapsed

If $Z(\dots, 0) \geq 0$, then $Z(\dots, t) \geq 0 \quad \forall t > 0$
by the max. prin.

(or) Blow-up limit of rescaled mean convex flow

can NOT be a shrinker w/ multiplicity.

Thm) Huisken.

A closed mean convex shrinker must be the round sphere

$$\text{pf) } \Delta \left(\frac{|A|^2}{H^2} \right) + V \cdot \nabla \left(\frac{|A|^2}{H^2} \right) \geq \square^2 \geq 0$$

Strong max prin $\Rightarrow |A|^2 = H^2$ and so $\square^2 = 0$

$\Rightarrow \square^2 = 0 \Rightarrow \nabla A = 0$. i.e. space form.

(or) A convex shrinker must be a round sphere,
a round cylinder, or a hyperplane.

Thm) Huisken-Sinestrari. 99'

A blow-up limit of mean convex flow must be convex.

Namely, the limit shrinker must be a round sphere
or a round cylinder.

pf) $G_k = \sum K_2, K_3, \dots, K_k$, (ex. $G_1 = H$, $G_2 = R$, $G_3 = K$)

then, given $\eta > 0 \exists C_{\eta, k}$ s.t.

$$S_k \geq -\eta H^k - C_{\eta, k}.$$

Thm) If M_0 is 2-convex, then M_t is 2-convex for $t > 0$

Moreover, $\frac{K_1 + K_2}{H} \geq \beta =: \min_{M_0} \frac{K_1 + K_2}{H} > 0$ holds for $t > 0$.

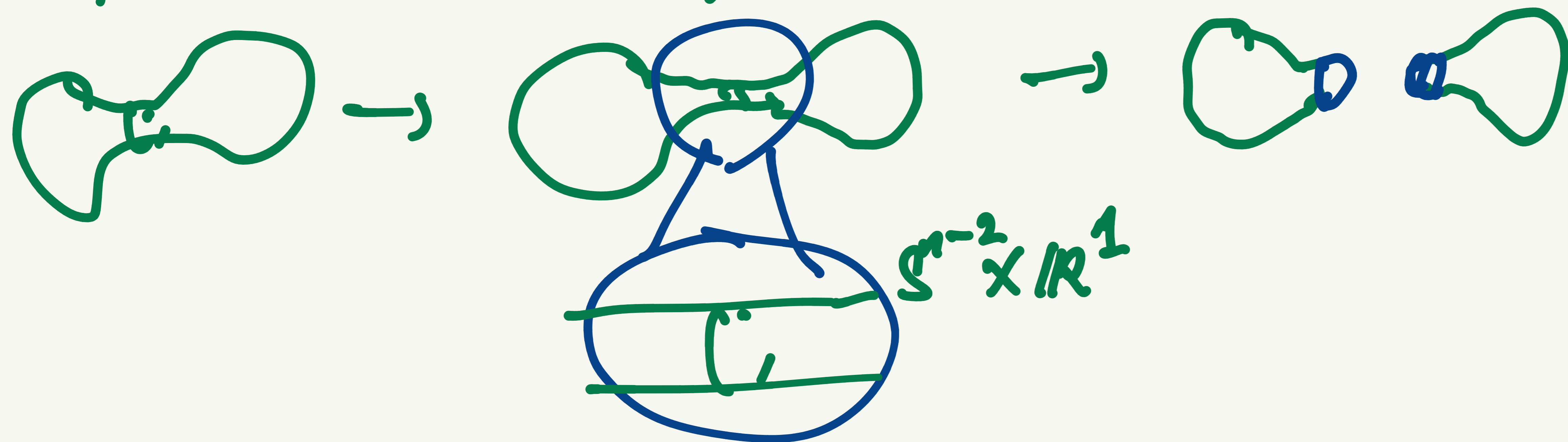
pf) $Z = k_1 + k_2$ is a concave operator. See Caffarelli - Cobe, "Fully nonlinear elliptic eq."

Hence, $Z \geq \Delta_g Z + |A|^2 Z \Rightarrow (Z - \beta H)_t = \Delta_g (Z - \beta H) + |A|^2 (Z - \beta H)$

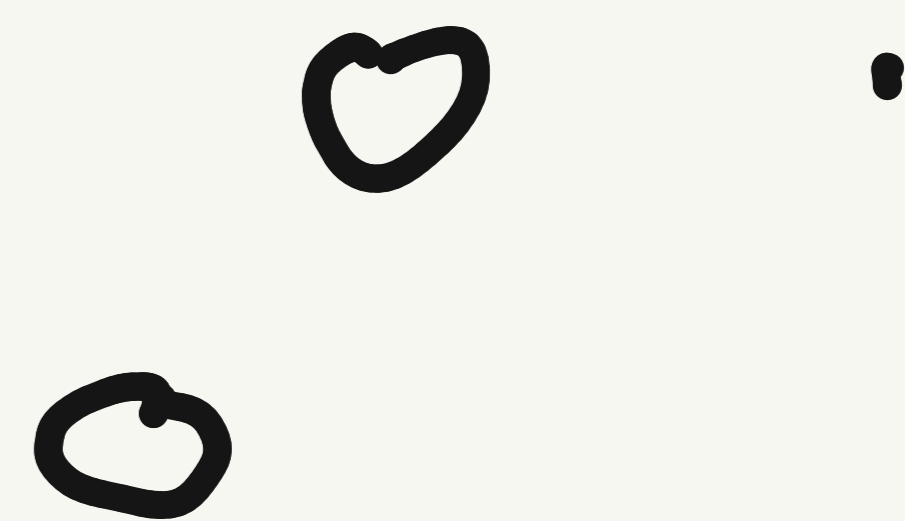
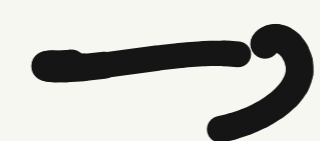
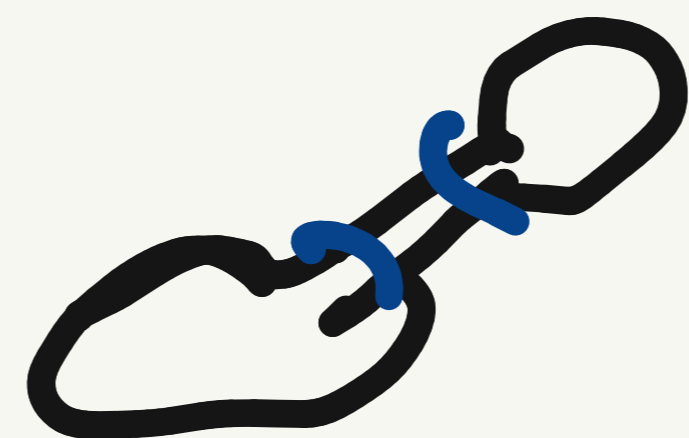
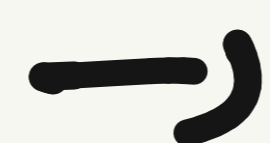
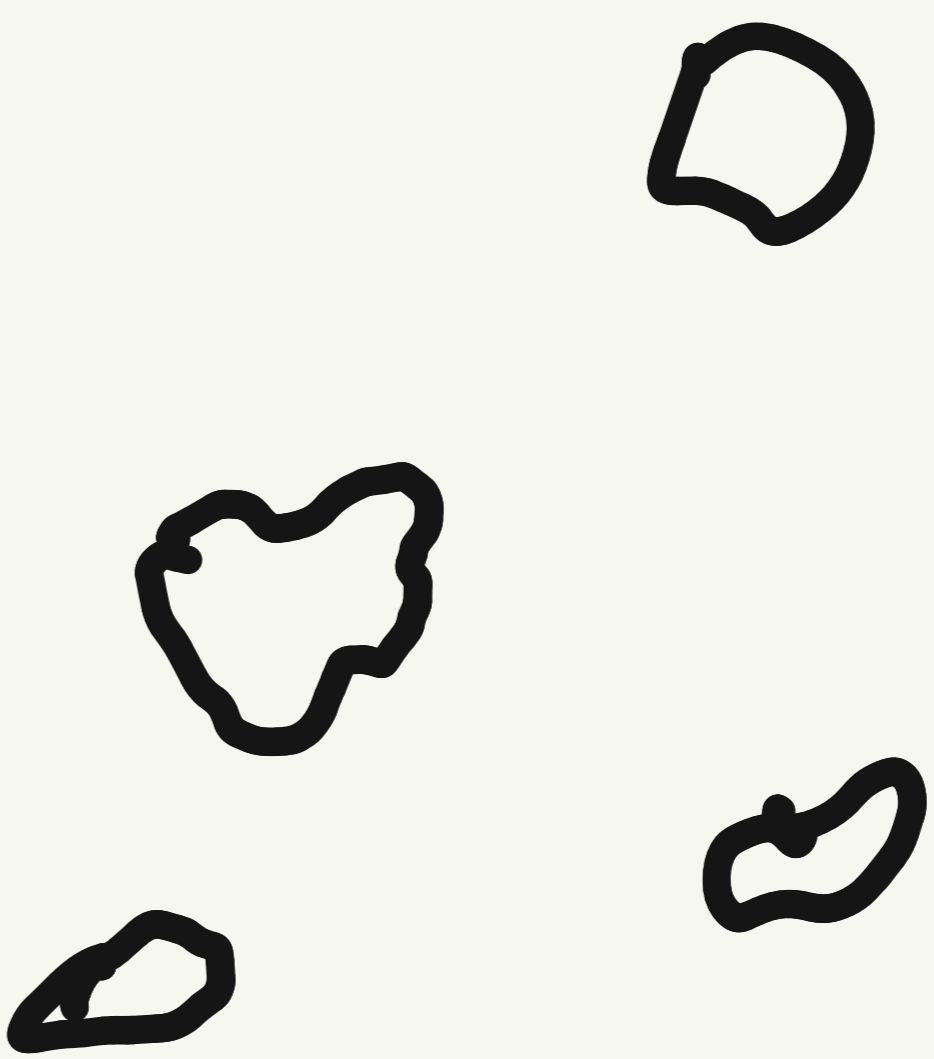
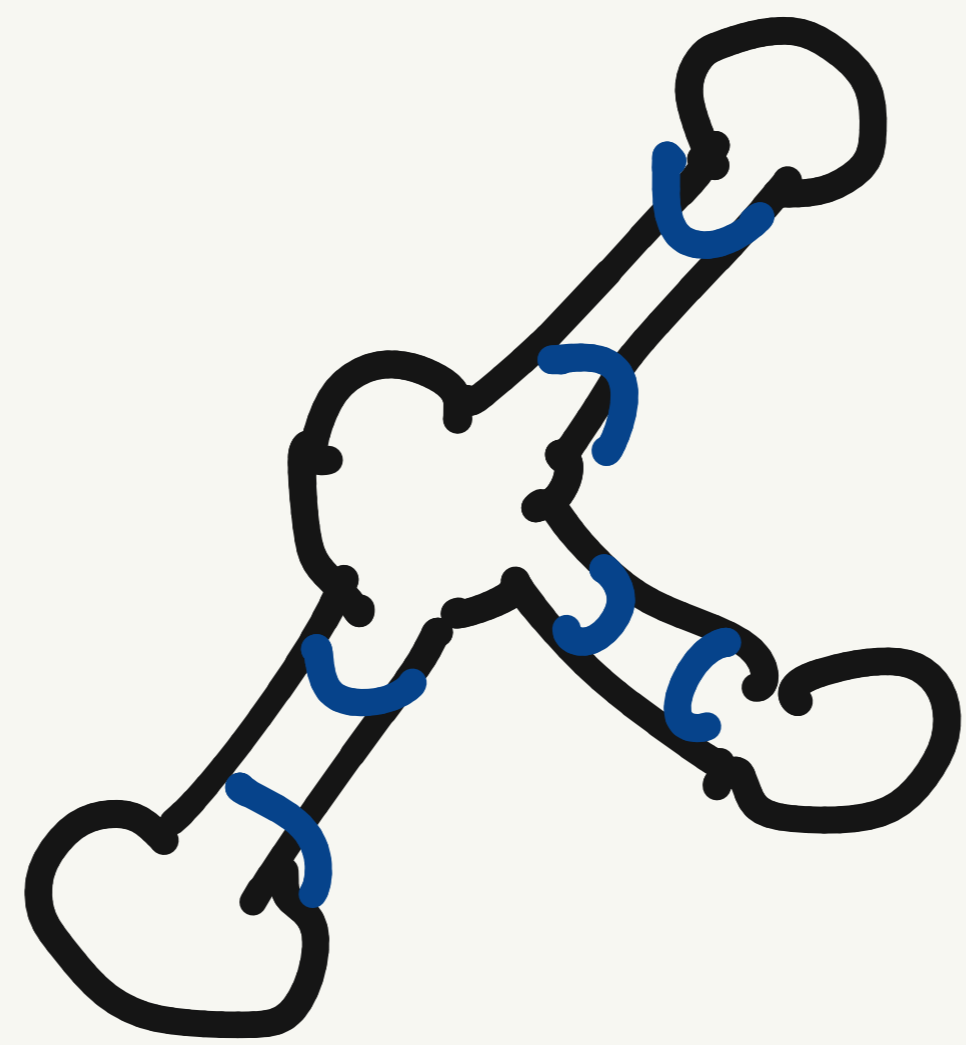
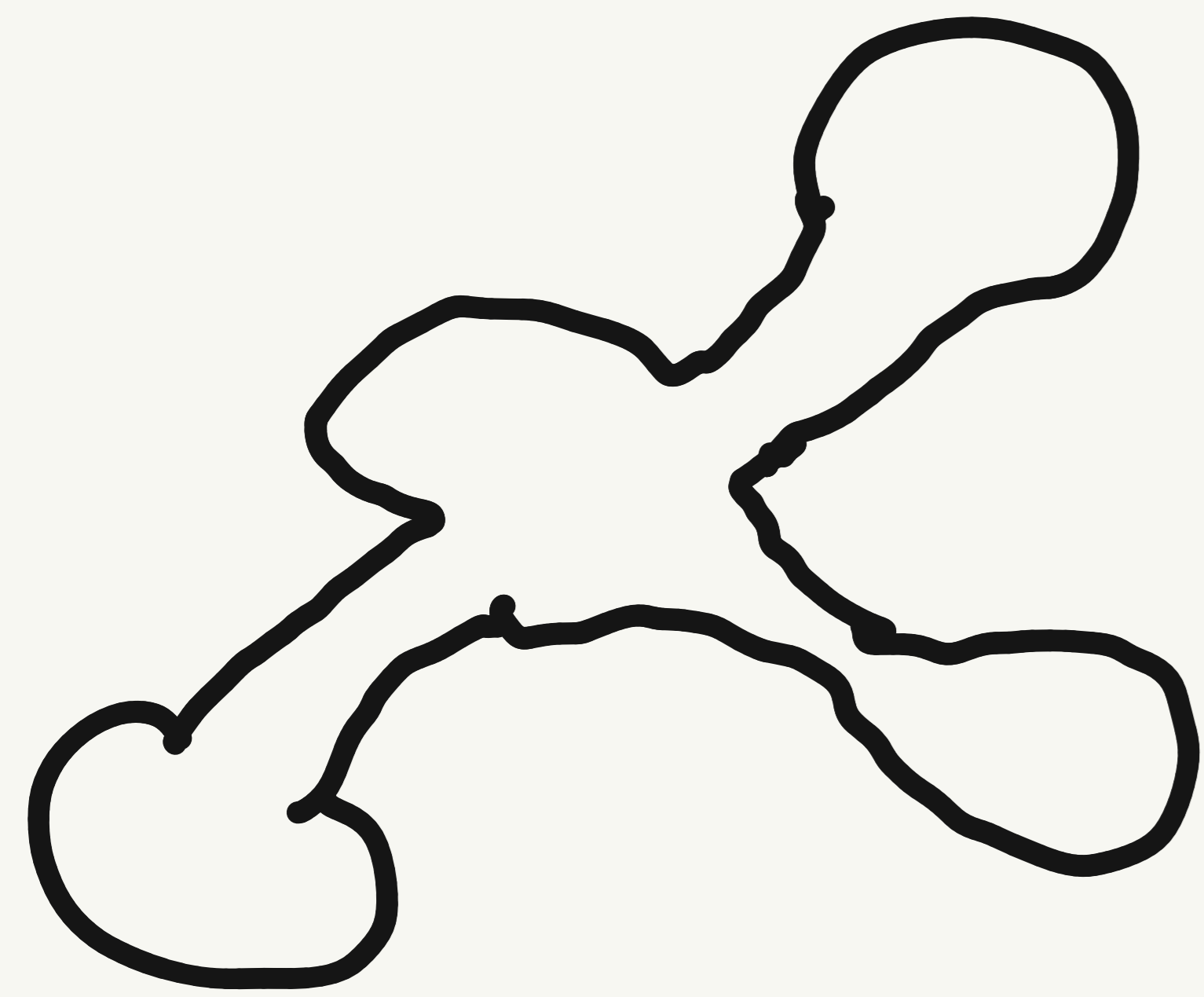
By max princ. $Z - \beta H \geq 0$. $\therefore k_1 + k_2 \geq \beta H$.

Cor) If M_0 is \mathbb{Q} -convex, then a blowup limit shrinker must be a round S^{n-1} or a round $S^{n-2} \times \mathbb{R}^1$.

Snapshot of Surgery)



$$\frac{\partial}{\partial x} \frac{x^4}{x^4} = \frac{1}{x^4} - \frac{x^4}{x^8} = \frac{1}{x^4} - \frac{1}{x^4} = 0$$



By Hs $0a'$, BH $1b'$. BHH $1b'$.
 2-convex flow only needs
 finitely many surgery
 \Rightarrow 2-convex sphere is unknotted.